Advanced Making a Formal Argument – An Apple a Day

Directions: Argue for or against the statement below using a formal argument. In a formal argument, you must
1) State your position.
2) Provide point(s) that support your position.
3) Support each point with specific reasons/examples.

Statement: An apple a day keeps the doctor away.

Example Answer: I agree with the statement above; eating piece of fruit each day is the most important step we can take toward good health. The vitamins in a piece of fruit can stave off the common cold and improve your eyesight. The fructose in a piece of fruit can increase alertness and provide enzymes that aid digestion. On the other hand, an apple, no matter how nutritious, cannot keep you from falling down and breaking a bone. So it doesn’t actually keep the doctor away, but it makes the doctor visits less frequent.